

## ABSTRACT OF THE DISCLOSURE

A magnetic insole provides cushioned magnetotherapy for the soles of a wearer's feet.

A laminated insole in the general shape of a foot is inserted into a shoe to provide magnetotherapy to the wearer's foot adjacent the sole. Collateral therapeutic effects may be effected as such magnetotherapy may affect the nerve endings in the foot and collateral, corresponding, or related tissue structures in the body. A flexible magnetic core provides alternating magnetic fields in a regular pattern thereby to provide magnetotherapy to the foot.

A cushioning base acts as an underpad for the magnetic insole in order to provide greater comfort and cushioning for the user's foot. The flexible magnetic core is constructed by mixing strontium ferrite, barium ferrite, or other strongly ferromagnetic material and with an elastic binder such as neoprene.

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